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Interteddi news

A TEAM WORKING IN UNIVERSITY-COMMUNITY PARTNERSHIP TO PROMOTE RESEARCH AND KNOWLEDGE TRANSFER

The InterTEDDI research team's website, www.interteddi.ca, has been online since June 2008. It's a great source of information and an essential resource for anyone working in this field.

What's new on our website?

Over the past few months, we've added a number of documents to the interteddi.ca website.

On the home page, you will see that the final report on *Proposals to Facilitate Access to the Quebec Breast Screening Program for Women with Activity Limitations* is now available online.

Also from the home page, you can access photos of the cross-training session held on May 14 of this year (see article on the next page).

The Publications section has tables listing the scientific journals on intellectual disability and on pervasive developmental disorders and a summary of their requirements for submission. The table for ID journals has been updated; the PDD journals table is new.

Early in 2010, the two guides on physical activity developed by our trainees (see article on page 3) will also be available.



ATLAS-ID: a major impact!

On November 18, at the *Gala des Prix d'Excellence de l'Institut d'administration publique du Québec*, the Atlas-ID project received the International Impact Award – *Prix du rayonnement international*. After presentation to a jury, the Atlas was initially selected as one of the three finalists from among 90 contenders (other selected projects were proposed by the *Sûreté du Québec* and the *Bibliothèque et Archives nationales du Québec*). Congratulations to the co-authors, Jocelin Lecomte and Céline Mercier, and to their team! The original version of the Atlas-ID, as well as the French and simplified-language versions, can be downloaded from the team's website.



Cross-training: ID and the justice system

The team organized a cross-training session on the theme of “Intellectual Disability and Behaviours at Risk for Judicial Consequences”. An experience worth repeating!

This event, which took place on May 14, 2009, was attended by 95 participants from about 50 different organizations in the relevant areas: the justice system, associations, legal psychology, rehabilitation, research, and public security.

Shared challenges

The cross-training session was aimed at improving the situation of people with ID in their interactions with the penal justice system.

Research and observations in the field indicate that each authority intervenes according to its own logic and that transfers from one authority to another are very infrequent.

Conclusions

The cross-training session helped to highlight, in particular, the need to:

- work together cooperatively;
- be open to different ways of working and respect each other's fields of intervention;
- improve our practices in order to carry out our missions more effectively;

- train workers from the different areas in good practices and demystify intellectual disability;
- improve the service offer by steering people with ID who are at risk of run-ins with law toward the rehabilitation system rather than the justice system;
- understand the determinants of aggressive behaviour better, to intervene more effectively in justice or rehabilitation settings.

PHYSICAL ACTIVITY:
Include seniors with an ID



Don't miss the latest research report on physical activity among elderly persons with an intellectual disability. It presents the results of two studies on seniors' preferred physical activities and barriers to engaging in them. The studies compare seniors' and educators' points of view. Interesting!

Download it today!



Dominique Fortin

Welcoming a new coordinator

Marion Steff, coordinator of the team since October 2007, has left us to embark upon international development work. Marion defended her doctoral thesis, entitled “Seniors with Intellectual Disabilities and Active Living: An Ecological Perspective”, at McGill. She has joined the Canadian NGO *Academics for Higher Education and Development – Universitaires pour l'éducation supérieure et le développement* (AHED-UPESED) to work at the State Islamic University Sunan Kalijaga, on the island of Java in Indonesia. Her responsibilities include master's-level teaching, research, and setting up a centre to facilitate access to the university for persons with disabilities.



Arianne Grégoire

To ensure continued support to the team, Dominique Fortin has taken on the role of coordinator. Dominique's training is in psychology and criminology, and she was a research assistant at the Lisette-Dupras Readaptation Centre since 2005. Also joining the team is Arianne Grégoire, who obtained her diploma in social research methods from Collège Rosemont in June of this year.

After a brief slowdown, the team's activities have now shifted back into high gear! Best wishes to Marion for much success, and a warm welcome to Arianne and Dominique!

Bravo, Marjorie!

Marjorie Aunos has been awarded the 2008 Award of Excellence by the *Association internationale de recherche scientifique en faveur des personnes handicapées mentales (AIRHM)*, for her report “Le pouvoir du soutien par intervention spécialisée” [The power of support through specialized intervention], on parenting and ID. Congratulations!

Marjorie's work focuses on parenting skills and support to parents with an ID. In addition to being a research practitioner and psychologist at the Lisette-Dupras and West Montreal Readaptation Centres, she is also associate professor in UQAM's Psychology Department. For a list of her publications, visit the website!

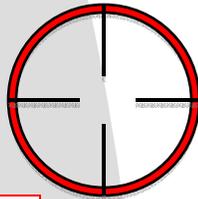


Road map to pre-school

This new guide, *Carte routière vers le préscolaire – Guide pour soutenir une transition de qualité des enfants ayant des besoins particuliers* [Road map to pre-school – Guide for supporting a good transition for children with special needs] (Ruel, Moreau, Bourdeau and Lehoux, 2008), is now available. This electronic book (CD-ROM and website: <http://w3.uqo.ca/transition>) is the product of a joint action research project (Pavillon du Parc, Université du Québec en Outaouais and the CS au Cœur-des-Vallées). Its aim is to facilitate the transition into the first year of school for children with special needs and their families. For more information, consult www.interteddi.ca.



Focus on our trainees: Physical activity



In the first semester of 2009, two French students trained at the Lisette-Dupras Rehabilitation Centre under the supervision of Renée Proulx and Marion Steff. At the end of their session, they produced two tools to encourage persons with intellectual disabilities to get more exercise.

Funding support

The team is proud to announce that Isabelle Picard and Marc Lanovaz have each been awarded \$5,000 in funding to support their doctoral research. This funding may be used to hire students as research assistants, or to purchase specialized materials, etc.

Marc Lanovaz is a specialist in applied behaviour analysis, studying under the supervision of Katherine Moxness. Isabelle Picard is working on parental stress, under the supervision of Diane Morin.

Sarah Dinclaux, from Toulouse, produced a "Guide d'accompagnement en activité physique pour les personnes présentant une déficience intellectuelle" [Guide for Accompanying Persons with Intellectual Disabilities in Physical Activity]. This guide presents exercises for stretching, joint stimulation, and muscular strengthening, as well as exercises for persons in wheelchairs. Sarah offers ideas for games and gives examples of some activity sessions. Very well explained and illustrated, this guide also provides several appendices. Teachers and anyone else involved with persons with IDs will find it to be a very useful resource.

Audrey Gaspard, from Guadeloupe, created a document entitled "Activité physique

adaptée : À vos marques, prêts, bougez!" [Adapted Physical Activity: On Your Mark, Get Set, Move!] This guide is aimed at teachers in special education and in sports. Audrey describes dancing, walking, soccer and other team game sessions, as well as exercise modules for muscle strengthening and balance. The suggested activities can be adapted for persons in wheelchairs and for anyone with IDs, regardless of their level.

Sarah and Audrey developed these two documents as part of their training program, and were thus able to put their proposed exercises and activities into practice with adults with IDs.

A noteworthy site

Practical advice is offered on the childhood autism website (in French):

- Learning to wait: <http://autismeinfantile.com/prise-en-charge/methodes/aba/conseils-pratiques/apprendre-a-attendre/>
- Completing a grid of reinforcers on one's own: <http://autismeinfantile.com/prise-en-charge/methodes/aba/conseils-pratiques/etablir-une-grille-de-renforceurs/>

New partners...

The team is pleased to announce that partnership contracts have been signed with Les Services de réadaptation L'Intégrale and the CRDI Montérégie-Est.

Welcome to the team!

WRITING AND EDITING: Dominique Fortin and Céline Mercier
INTERTEDDI NEWS is also available in French
INTERTEDDI NEWS can be freely downloaded at www.interteddi.ca

